



# Key Questions to Consider About Medicare Initial Enrollment

## Resources in your state

*Please note: One or more of the programs and resources listed below may not be affiliated with AARP. Any information you provide to the host organization of these programs will be governed by its privacy policy.*

### AARP North Dakota

The North Dakota State Office works to provide community education, outreach and advocacy on issues important to 50+ North Dakotans.

Website: [aarp.org/nd](http://aarp.org/nd)  
Facebook: [facebook.com/AARPND](https://facebook.com/AARPND)  
Twitter: @AARP\_ND  
Phone: 866-554-5383

### State Health Insurance Counseling Program

The State Health Insurance Counseling (SHIC) program can assist in all areas of Medicare insurance issues, including Original Medicare, Medicare Part D, Medicare Advantage plans, and long-term care insurance at no cost.

Website: [insurance.nd.gov/consumers/medicare-assistance](http://insurance.nd.gov/consumers/medicare-assistance)  
Email: [NDSHIC@nd.gov](mailto:NDSHIC@nd.gov)  
Phone: (888) 575-6611

### ND Aging and Disability Resource Link (ADRL)

The ADRL connects people to services to help them maintain or improve their quality of life. Knowledgeable staff can answer your questions, connect you with local community resources and more.

Website: [carechoice.nd.assistguide.net/](http://carechoice.nd.assistguide.net/)  
Phone: 855-462-5465  
Email: [CareChoice@ND.gov](mailto:CareChoice@ND.gov)

### Medicare

Medicare information, resources, and assistance.

Website: [medicare.gov](http://medicare.gov)  
Phone Numbers: 1-800-MEDICARE (1-800-633-4227)  
TTY users can call 1-877-486-2048

### Social Security Administration

Information and resources about your social security benefits, account, and how to get assistance.

Website: [ssa.gov](http://ssa.gov)  
Phone Numbers: 1-877-319-6044 (North Dakota office) TTY: 1-800-325-0778

*Still have questions? Visit [learn.aarp.org/medicare](http://learn.aarp.org/medicare) for answers from a Medicare expert.*

## Join Us Again!

- Sign up now for the FREE online event: **Get the Most Out of Your Medicare & Social Security Benefits on October 27** at [aarp.org/retirementsummit2022](http://aarp.org/retirementsummit2022).
- Register for North Dakota's virtual, on-demand **Social Security and Medicare Events** at [aarp.org/ndretireready](http://aarp.org/ndretireready). Once you register you'll receive a link to videos and information about Medicare and Social Security to review at a time convenient to you.