Key Questions to Consider About Medicare Initial Enrollment

Resources in your state

Please note: One or more of the programs and resources listed below may not be affiliated with AARP. Any information you provide to the host organization of these programs will be governed by its privacy policy.

AARP Connecticut

AARP CT is nonpartisan, nonprofit, membership organization with a membership of nearly 37 million nationwide and nearly 600,000 in CT. Through advocacy & resources we help people choose how they live as they age.
Websites: aarp.org/ct & aarp.org/ctevents
Phone Number: 866-295-7279 (toll free)
Email: CT@aarp.org

CHOICES

CT's State Health Insurance assistance Program empowers, educates, & assists Medicare-eligible individuals & their families/caregivers through objective outreach, counseling & training to make informed health insurance decisions that optimize access to care & benefits.
Website: portal.ct.gov/ADS-CHOICES
Phone Number: 800-994-9422 (toll-free)

MyPlaceCT

The virtual home of "no wrong door", MyPlaceCT is a free web-based resource from the State of Connecticut that helps you live life independently. Bringing together the information you need to live how & where you choose.
Webiste: myplacect.org

Area Agencies on Aging in CT

Area Agencies on Aging are nonprofit regional organizations recieving government funding to provide direct services in the areas of community education, nutrition services, family supports, adult day care, case management, information & assistance, benefits counseling, & more.
Phone: 800-994-9422 (toll free)
Website: AgingCT.org

CT State Unit on Aging

Housed within the Department of Aging & Disability Services, the State Unit on Aging ensures that CT's elders have access to the supportive services necessary to live with dignity, security & independence. Learn more and apply for services via the Unit.
Website: CT.gov/AgingandDisability
Phone: 860-424-5055

Access Health CT

The official health insurance marketplace, where you can shop, compare & enroll in quality healthcare plans; bridge the gap to Medicare; qualify for financial help to lower your costs; & if eligible, enroll in free or low-cost coverage through HUSKY Health Program (Medicaid/CHIP) or the Covered Connecticut Program.
Website: accesshealthct.com
Phone: 855-805-4325 (toll free)

Still have questions? Visit learn.aarp.org/medicare for answers from a Medicare expert.

Join Us Again!

Sign up now for the FREE Online Event: Get the Most Out of Your Medicare & Social Security Benefits on October 27 at aarp.org/retirementsummit2022

Join AARP CT on 9/29/22 at 1:00PM for an Assistive Technology Training. The technology landscape is changing fast and technology can be crucial to removing barriers for people living and working in our communities. Learn more and register at aarp.org/ctevents